

Dear Members,

Thank you for your interest in our Trust.

Today is a very special day for us as it marks the 70th anniversary of the NHS and we hope that today you will join us in celebrating this significant anniversary with some good news.

Your 'Trust Matters' bulletin follows, including information on:

- Best Nurse for Learning Disability in England and Scotland
- LGBT Employee Network Group Relaunches
- Wild West family fun day – Saturday 14th July
- Norwich Pride – Saturday 28th July
- Have your say! An opportunity to feed back on mental health services.

The Best Learning Disability Nurse in England and Scotland

Sue Bridges, our Professional Lead for Learning Disabilities / Autism, has been named as the best learning disability nurse in England and Scotland.

She was one of nine nurses who had been shortlisted in The Learning Disability Nurse Award category of The National Learning Disabilities & Autism Awards 2018, and emerged as the overall winner.

In addition, our Trust was one of just four organisations shortlisted in The Employer Award (Not For Profit) category for the high quality care it provides to people with learning disabilities and / or autism.

But the good news doesn't stop there! NHS Improvement have nominated the Green Light initiative for the Nursing Times awards. We are pleased to say that we've reached the finals, and the awards will be held in London in October.

LGBT Employee Network Group Relaunches

Our Trust's LGBT Employee Network Group has relaunched following the retirement of its previous chair and is seeking new members.

The group is open to all staff to voice LGBT+ issues and concerns. For those looking to gain skills useful in career development, it is also a valuable opportunity to learn how to write and critique our policies.

The group will be an inclusive voice for LGBT+ people within our organisation as well as supporting change to deliver better care for our service-users.

If you have an LGBT+ related improvement which you think the group should consider, please write to membership@nsft.nhs.uk and we will pass these on to them (please bear in mind that the group cannot help

resolve complaints).

Staff members looking to join the group should visit the [LGBT Employee Network Group intranet page](#) (this link is only accessible to employees of NSFT using a Trust device).

Wild West Family Fun Day – Saturday 14th July

Taking place next Saturday (14 July) at Hellesdon Hospital, in Drayton, NSFT's fun day will feature a large arts marquee offering interactive art activities for all ages and a bucking Bronco, complete with a leader board to encourage friendly competition.

Cedric Anselin, former professional footballer, who has opened up about his own experience with mental health, will open the fete at 11am.

Fun runs will take place to mark 70 years of the NHS, while craft stalls and traditional fete games will also be on offer. In addition, visitors will be given the chance to pan for fool's gold, enjoy a range of food and refreshments and watch live performances from The Volko Trio, Opening Night Ensemble and Mind The Gap.

There will also be a host of top raffle prizes available, including a £200 Intu voucher, £150 John Lewis voucher, days out and hampers.

The day has been organised by NSFT staff who are passionate about raising money towards the £25,000 cost of a much-needed multi-use games area for Hellesdon Hospital. The versatile outside space will give service users and staff the opportunity to enjoy a range of activities and sports, including basketball, tennis, football and netball, in turn helping

to boost both physical and mental wellbeing.

Matron Heidi McKay, who has helped to plan the event, said: “We would love as many people as possible to come and join us for a fun-packed afternoon on the 14th and soak up some traditional summer fete fun whilst also raising vital charitable funds.”

The fun day runs from 11am to 4pm and is open to everyone. Parking is free and dogs on leads are welcome.

Anyone who is unable to come to the event but would still like to donate to the appeal can send a cheque payable to Norfolk and Suffolk NHS Foundation Trust to Charitable Fund Officer (Finance), Norfolk and Suffolk NHS Foundation Trust, Hellesdon Hospital, Drayton High Road, Norwich, NR6 5BE.

Norwich Pride – Saturday 28th July

We are helping to celebrate Norwich Pride on Saturday 28th July 2018 and are proud to attend the day and show our support for our LGBT+ communities and our LGBT+ staff.

Please come and find us in Norwich at The Forum, and also drop by Chapelfields where several NHS Trusts will band together to show how strong our commitment is to inclusion. We hope to have a fantastic day with you all!

Have Your Say!



Mental health services in east & west Suffolk

#AVeryDifferentConversation

People living in east and west Suffolk are being urged to have their say about local mental health services as part of a unique engagement opportunity.

The NHS Ipswich & East Suffolk and NHS West Suffolk clinical commissioning groups (CCGs) want to transform the way mental health provision is delivered across the county.

In order to do that, they first need to find out how effective the people who deliver and receive the current services think they are.

Commissioners want to hear from people who currently use or have previously used mental health services, those who care for them and the staff who deliver those services.

All three groups are being asked to input their feedback via three surveys that 'go live' from this morning (Monday 2nd July).

The surveys are part of a much larger engagement exercise that aims to help create a new model for east and west Suffolk that will bring mental and physical health services much closer together.

In a break from usual practice, the CCGs have commissioned four local voluntary sector organisations to engage with local people under the banner "The future of mental health – a very different conversation".

Suffolk Family Carers, Suffolk User Forum and Suffolk Parent Carer Network will co-ordinate a whole host of mental health workshops and events to gather feedback on the current services.

Healthwatch Suffolk will then gather and analyse the feedback before preparing a report making a case for change for the CCGs' governing body meetings in November.

Dr John Hague, Mental Health Lead for the NHS Ipswich & East Suffolk CCG, said: "In the past we've asked people to share their views on individual services, but this is very different.

"Now, for the first time, we want people to help shape the mental health and emotional wellbeing support system as a whole.

"This is their chance to input into and influence the way mental health

services are delivered in the community, in GP practices, hospitals, care homes and in specialist settings.

“We are committed to listening to what they have to say – this is a unique opportunity to let us know what they think.”

Dr Roz Tandy, Mental Health Lead for NHS West Suffolk CCG, said:
“We want people’s views on mental health and emotional wellbeing in all their variations.

“We need the people who use our mental health services, those who care for them and those who work in them to respond to these surveys.

“We want to know what they feel is currently being done well, what needs to be done a lot better and what we can do to integrate mental and physical health services much more effectively.

“Our aim is to create a new model of mental health service provision that is safe, sound, supportive and cost effective.”

To respond to one of the surveys please use one of the links below:

- People who use, or have previously used mental health services, should respond [HERE](#)
- Carers of people who use, or have previously used mental health services, should respond [HERE](#)
- Professionals who work in mental health services or support people with mental health needs should respond [HERE](#)

You can find out more about our governors by clicking on the links below :

[Meet our governors](#)

[Find out about the Council of Governors](#)

Thank you for your continuing interest in mental health services in Norfolk and Suffolk.

Kind regards,

Karn Purvis – Membership Officer

To unsubscribe from this list click [here](#).