

Dementia + Spirituality – extra TM March 2016

- Dementia Awareness Training
- Spirituality Strategy Conference

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Dementia Awareness Training

This is the first of what we hope to be a series of Dementia Awareness Training events at a variety of locations around the two counties. These are aimed at our Trust members – which includes NSFT staff for whom this is tier one training.

Tuesday 5th April 2016, from 2.00 to 4.30pm

Cromer Parish Hall, Church Street, Cromer, NR27 9HH

A 2½ hour workshop that offers information and insights that will help and support people from all walks of life and aims to offer an introduction to the types and models of dementia; improve understanding of what dementia is; what it might be like to have dementia; how other people can support those with dementia; and includes the experiences of family carers. The session will be led by a member of our Dementia Training Team.

To book yourself a free place please email dementia.training@nsft.nhs.uk

Flyer available [here](#).

Spirituality Strategy Conference ... moving forward

Tuesday 19th April 2016, from 1.30 to 4.30pm

Conference Room, Diss Business Hub, Hopper Way, Diss, IP22 4GT

We're holding a free, afternoon event to update our current [Spirituality Strategy](#) as part of our commitment to promoting the wellbeing of all the communities we serve.

This follows the launch last year of our [Practice guidelines](#) for staff working with the spiritual needs of people of religious faith or none’.

The afternoon will:

- Take stock of progress so far
- Plan the next phase of the strategy

Please book yourself a place by [clicking here](#).

Flyer available [here](#).

A list of all meetings and any related documents can be seen on our events calendar by [clicking here](#).

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