

Trust Matters November 2015

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Carers Awareness events

Three Trust events to highlight the new carers leads roles and raise awareness about what they do, as well as what resources are out there for carers. For more info, or any problems with booking, please contact Julia Wunderlich via email Julia.Wunderlich@nsft.nhs.uk. Book yourself a place using the relevant Eventbrite link below: the password asked for by Eventbrite is nsftcarers.

West Suffolk Event: 3rd Dec 2015, 10.30-2.30pm

Hyndman Centre, Hospital Road, Bury St Edmunds IP33 1RT.

https://www.eventbrite.com/e/sccnsft-carers-awareness-event-tickets-19269002104?utm_term=eventurl_text

North Suffolk Event: 10th Dec 2015, 10.30-2.30pm

The Kirkley Centre, 154 London Road South, Lowestoft, NR33 0AZ

https://www.eventbrite.com/e/sccnsft-carers-awareness-event-tickets-19269786450?utm_term=eventurl_text

East Suffolk Event: 16th Dec 2015, 1.30-5.00pm

Coop Education Centre, 11 Fore Street, Ipswich IP4 1JW

https://www.eventbrite.com/e/sccnsft-carers-awareness-event-tickets-19269786450?utm_term=eventurl_text

[19269998083?utm_term=eventurl_text](https://www.norfolkandwaveney.nhs.uk/19269998083?utm_term=eventurl_text)

Inspiring progress in improving mental health for BME communities

Healthwatch Suffolk undertook a survey on behalf of our Trust into mental health issues among Black and Minority Ethnic (BME) communities. The full report called '*Inspiring Progress*' and the executive summary are available to read via the Equality page of the NSFT website – on the left hand side of the page – by [clicking here](#).

Trust's commitment to carers recognised with gold star

Our Trust has been awarded a gold star in recognition of its commitment to ensuring carers are fully supported and involved in decisions about care. The Carers Trust has presented NSFT with the star for successfully achieving the first stage of the Triangle of Care. The Trust is one of only 18 across the country to achieve the accolade.

Our Trust was awarded the star following a lengthy evaluation process, during which every inpatient service and Crisis Resolution and Home Treatment (CRHT) Team completed a self-assessment explaining the steps they take to involve carers. A detailed report was also submitted to the Carers Trust and a presentation took place before the application was peer evaluated and a final decision was made.

Sharon Picken, Service User and Carer Involvement Lead with NSFT, said “Achieving this standard underlines our commitment to ensuring all services and teams across the Trust can support, listen and engage with carers to make sure that the care we provide is joined up, person-centred and of the highest quality.”

To read the full story, please [click here](#).

Major improvements planned to young people's mental health services

Children and young people experiencing mental health difficulties will benefit from better access to targeted help, at an earlier stage, thanks to a significant investment in Norfolk and Waveney services.

NHS England announced that Norfolk and Waveney will receive an additional £1.9m recurrent funding (every year) for child and adolescent mental health services (CAMHS) – a portion of which will go to our Trust. Our Trust will work in partnership with other health and children's services providers to drive through a collective range of improvement measures to give young people greater access to help and support.

To read the full story, please [click here](#).

Dual Diagnosis Carers Forum

Wednesday 13 January 2016, from 10am to 5pm

The Bob Champion Research & Education Building, Norwich, NR4 7UY

on Norwich Research Park

opposite Norfolk & Norwich University Hospital's A&E

A Norfolk Carers Support / Headucate / NSFT / CAP joint event.

Contact Howard Tidman 07557 290169 howard.tidman@nsft.nhs.uk

or Tiffany Cecchini 01603 421370 tiffany.cecchini@nsft.nhs.uk

Board and Council meetings held in public

We welcome your attendance at these meetings. The agenda and papers are available on the website a few days before and can be seen via our event calendar by [clicking here](#) and selecting the meeting. Hard copies will be provided at the meetings.

Board of Directors

Thursday 26 November 2015, from 9.30am to 12.30pm

Elisabeth Room, Endeavour House, 8 Russell Road, Ipswich, IP1 2BX

There is no Board of Directors meeting in December.

Thursday 28 January 2016, time to be confirmed

Main Hall, Hellesdon Hospital, Drayton High Road, Norwich, NR6 5BE

Governors' Bulletin

Each Governor's Bulletin aims to update you about some of their recent work done on your behalf, and will be issued following each quarterly Council meeting. The Autumn 2015 bulletin can be seen by [clicking here](#).

It includes staff views on Lorenzo; involvement of service users and carers on staff selection panels; Putting People First; Financial Recovery Plan 2015/16; Board of Governors to become Council of Governors; Electing Governors for 2016/2018 and the Council meeting dates for 2016.

Council of Governors

The next Council of Governors meeting held in public:
Thursday 07 January 2016, from 12.30 to 4.30pm
Norwich, venue to be confirmed

Save the date: There will be a Council of Governors special event on Thursday 18th February 2016 at the King's Centre in Norwich with the overall theme of Dementia.

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