

Trust Matters May 2015

- Asset Mapping Project
- Equality Objectives
- Carers' Week Events – Care for Carers – Dual Diagnosis
- Gender, sex and mental health
- Dementia Awareness
- New electronic patient record system
- 5 year strategy for Mental Health in England
- Board meetings held in public

Asset Mapping Project

An exciting project commissioned by the South Norfolk CCG (Clinical Commissioning Group) to map the services and support available for people in South Norfolk who have experienced mental health issues. It is 'co-production' which means working alongside people with lived experience of mental & emotional health issues and their carers to map the services and support available in their communities. It is a nine month project that will begin and end with a big, fun, inclusive day at Connaught Hall in Attleborough. It starts with these two days:

28 May 2015, from 10am to 5pm, at the Connaught Hall, Attleborough, aims to inspire participants about the ABCD (Asset Based Community Development) approach and leave them with a good understanding of what it entails. As this is a co-production project, they need at least 50% of the participants to be people with lived experience of mental health issues to be "asset mappers".

03 June 2015, from 11am to 3pm at the Willows Centre, Cringleford, will provide support to the "asset mappers"; helping them to think about practical applications locally and the steps that they need to take to get started.

To book please contact Ruth Nobbs: ruth.nobbs@nhs.net or 01603 257141.

Equality Objectives

Tue 02 of June 2015, from 12.30 to 4.00pm

John Peel Centre in Stowmarket

Following the introduction of the Equality Act in October 2010, Norfolk and Suffolk Foundation Trust has been working on the implementation of the Equality Delivery System (EDS2 – for more information [click here](#)). This has now become a mandatory requirement for all NHS organisations. As an NHS provider we have to be accountable for our actions and take responsible decisions when providing services for our local communities.

We are keen to involve local residents and staff in the continuing development and monitoring of our equality objectives. We invite you to score ourselves and our fellow health care providers, including local Clinical Commissioning Groups and acute Trusts, in how we are performing in delivering equality across our organisations. Refreshments and cakes will be provided.

Please [book your place using this link](#).

For more info please contact Ravi Seenan, the Equalities and Engagement Manager, via email ravi.seenan@nsft.nhs.uk or phone 07901105172.

Carers' Week Events – Care for Carers – Dual Diagnosis

Care for Carers

Mon 08 June 2015, from 10am to 3pm

Forum, Millennium Plain, Norwich, NR2 1TF

A Carers Help event – opened by former MP Dr. Ian Gibson – to meet people who will be offering help, advice, and information for carers, ex-carers, and older people including the Red Cross, Norwich Headway, AGE UK Norwich, Palliative Care, Country Kitchen Foods, Meals on Wheels, Phoenix Futures, Alzheimer's Society Norwich, Time-for-Me, Norfolk Recovery Partnership, Action for Blind People, Norfolk & Norwich Dementia Services, Equal Lives ...

For more info: ring 0300 777 8880, email info@careforcarers.co.uk, or go to www.careforcarers.co.uk.

Care for Carers

Tue 09 June, from 10am to 3pm

Shrublands, Magdalen Way, Gorleston-on-Sea, NR31 7BP

A Carers Help event – opened by Cllr Colleen Walker – so you can meet people who will be offering help, advice, and information for carers, ex-carers, and older people including Action for Blind People, Yarmouth & Gorleston Young Carers, Centre 81, Alzheimer's Great Yarmouth, Dial Great Yarmouth, Great Yarmouth Mind, Gorleston & Bradwell Carers, Red Cross, Norfolk Health Watch, Equal Lives ...

For more info: ring 0300 777 8880, email info@careforcarers.co.uk, or go to www.careforcarers.co.uk.

Dual Diagnosis Carers Forum

11 June 2015, from 10am to 5pm

UCS, West Building, North Campus, Ipswich IP4 1QJ

A forum for those caring for people with substance misuse problems and mental health problems. There will be stalls from various organizations and charities explaining what services they provide and how to access them. An opportunity to find support and ask questions. All welcome.

For more info contact Howard Tidman 07557290169 or Martin Jones 07500228000.

Gender, sex and mental health

Tue 23 June 2015, from 2 to 4.30pm

Lecture Theatre, Ipswich Library, Northgate Street, Ipswich, IP1 3DE

Lectures – with plenty of opportunity for audience discussion – presented by Katy Jon Went, a transgender woman, and Dr Hadrian Ball, the Trust's former medical director. They will describe biological sex determination, sexual development, gender identity, gender incongruence or dysphoria, hormonal-surgical transition,

legal recognition and the effects on mental wellbeing. How can psychiatry help and not hinder? How can society be more understanding and aware?

Please [book via this link](#).

The lectures are free and aimed at Trust members – NSFT staff are automatically members of the Trust. Katy will include additional content around mental health – for example on suicide risk, reason and contagion, neuroscience, intersex, non-binary and gender identity clinics – to that in the afternoon talk given in Norwich last December. This lecture was very popular, and we are holding an evening one in the fortnight leading up to Norwich Pride particularly for those unable to attend before.

Wed 15 July 2015, from 6.30 to 9pm

The Curve, Forum, Millennium Plain, Norwich, NR2 1TF

Dementia Awareness

Marking dementia awareness week, Healthwatch Norfolk published two reports that focus on aspects of dementia care that often cause the most anxiety for sufferers and their families:

- *Good practice in dementia care in Norfolk residential homes*
- *Experiences of accessing information for people with dementia and their carers*

Both reports are available on the [Healthwatch Norfolk website](#).

The reports draw on extensive work carried out by Healthwatch Norfolk volunteers and staff, guided by the comments that the organisation receives from the public. One of the Healthwatch Norfolk volunteers involved in compiling the report [talks about the findings on YouTube](#).

New electronic patient record system

David Kennett, the Lorenzo Communications Lead, says mental health patients and staff to benefit as Norfolk and Suffolk Foundation Trust moved to a single electronic patient record for secondary mental healthcare (Lorenzo) on Monday 18th May. We have become the second mental health Trust in England and the 14th NHS organisation in the UK to use Lorenzo.

It replaces four of our electronic patient record systems (ePEX, iPM, Maracis and MH CareNotes) as well as paper records, all of which will remain accessible in a read only format. Existing paper records and any new paper correspondence we receive will be scanned-in to create a complete electronic patient record for each service user. This means that patient's records are held in one secure place, ensuring those looking after them have quick and easy access to their information and more time to spend on delivering care. It will also help improve the quality of patient care as clinicians will have more comprehensive, up-to-date, and accurate information to inform their decision making, wherever and whenever it's required.

This is the start of a new era for our Trust; with over 2,600 staff across 60 sites recording clinical activity on the new system, Lorenzo will enable us to be more integrated, efficient, and effective in the delivery of our services, reinforcing our ambition to be recognised as a national leader in mental healthcare and underlining our commitment to our staff and our service users.

If you have any questions on Lorenzo then please contact the programme team directly via email Lorenzo@nsft.nhs.uk.

5 year strategy for Mental health in England

NHS England has announced a new Mental Health Taskforce which will develop a five year national strategy for mental health, covering all ages. The strategy will be published in the summer, and will be aligned with NHS England's Five Year Forward View for the whole NHS. It is crucial that the strategy is informed by a wide range of lived experience and professional expertise. Make your view count.

Rethink Mental Illness and Mind are members of the Taskforce, and they want to ensure they contribute what is important to you. Any answers you give will be shared anonymously with the Mental Health Taskforce. They have jointly hosted a [survey accessible via this link](#).

Board meetings held in public

Board of Directors

Thu 28 May 2015, from 9.00am to 12.30pm

King's Centre, King Street, Norwich, NR1 1PH

Board of Directors

Thu 25 June 2015, from 9.30am to 12.30pm

Elisabeth Room, Endeavour House, 8 Russell Road, Ipswich, IP1 2BX

Board of Governors

Thu 02 July 2015, from 1.30 to 4.30pm

Council Chamber, City Hall, Norwich, NR2 1NH

We welcome your attendance at these meetings. The agenda and papers are available on the website a few days before and can be seen via our event calendar by [clicking here](#) and selecting the meeting. Hard copies will be provided at the meetings.

Copyright © 2015 Norfolk and Suffolk NHS Foundation Trust, All rights reserved.