

# Trust Matters April 2015

- Governors' Bulletin
- Website use
- Improvements + CQC report
- Healthwatch Suffolk survey
- Forthcoming events
- Board meetings held in public

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## Governors' Bulletin Spring 2015

The bulletin highlights recent work the governors have done on your behalf, for example improving the handling of complaints and being a 'critical friend to the Trust'. [Please click here to view.](#)

## Website use

On the Trust website [nsft.nhs.uk](http://nsft.nhs.uk), hovering over the options on the green menu bar will give you drop-down menus. But clicking on each option will give you another page which has more on it than just the sub-menus. One can miss things just hovering through the menu bar – as I did looking for the following.

## Quality Improvements following the CQC Report

On the NSFT ['About Us'](#) page:

The left hand side has links to see both the [Improvements so far](#) and the full [CQC report on NSFT](#) – the CQC press release and an explanation of 'special measures' is under 'Find out more'.

## Healthwatch Suffolk survey

1 in 4 people will experience mental ill health at some point in their lifetime. This could be you, your family or friends. In light of this, Healthwatch Suffolk wants to ensure that people living in Suffolk have a mental health service that reflects their needs.

Your voice counts, so please spare a few minutes and give your views on mental health and wellbeing services in Suffolk. Together we can improve services for all.

Please follow the link to [complete the survey](#).

For further information call Healthwatch Suffolk on 01449 703949.

## **Forthcoming Events**

**Thu 14 May, 9.30am to 4.30pm**

**Diversity Conference**

Kesgrave Community Hall

Please book via [this link](#).

For more info contact Sharon Lee ([sharon.lee@voiceability.org](mailto:sharon.lee@voiceability.org) 01473 857631 / 07785612696).

**Sat 16 May, meet front of Ipswich County Library 11am**

**Leisurely walk, followed by a picnic in Christchurch Park, Ipswich**

Arranged by Suffolk VASP and partner organisations

**Wed 20 May, 9.30am to 12.30pm**

**What's new in mental health: exploring the pathways**

West Suffolk House Conference Room, Western Way, Bury St Edmunds IP33 3YU

A free BuryNet event for service users, their families and carers, practitioners, and local providers of information or services to people with mental health needs.

Please book via [this link](#).

For more info contact Kate Turner ([kate.turner@suffolk.gov.uk](mailto:kate.turner@suffolk.gov.uk) 01473 260878 / 07921 403630).

**Fri 22 May, 10am to 5pm**

**A road less rocky – caring for somebody with dementia**

King's Centre, King Street, Norwich, NR1 1PH

This is a day of talks from experts tackling the difficult stages of dementia, based on research commissioned by the Carers Trust. It examines challenges faced by those caring for someone with dementia. All are welcome.

For more info contact Howard Tidman (07557290169 [howard.tidman@nsft.nhs.uk](mailto:howard.tidman@nsft.nhs.uk)) or Lisa Breame (01603 887019 [lisa.breame@nsft.nhs.uk](mailto:lisa.breame@nsft.nhs.uk)).

***The week commencing Monday 8th June 2015 is Carers Week.***

**Fri 12 June, 9.30am to 4.30pm**

**Norfolk Mental Health Social Care Conference**

Holiday Inn, Norwich North

A Norfolk County Council event for their service users, carers and council partners in the independent, private and voluntary sectors. The day has speakers, drama, workshops and a marketplace.

For further information or to book, please contact the Council's Learning and Development team ([hrlid@norfolk.gov.uk](mailto:hrlid@norfolk.gov.uk) 01603 224114).

**Board meetings held in public**

**Board of Directors**

**Thu 23 Apr 2015, from 9.30am to 12.15pm**

IP-City Centre, 1 Bath St, Ipswich, IP2 8SD

The papers are available now. Click to see the [agenda](#) and the [attachments](#).

**Board of Directors**

**Thu 28 May 2015, from 9.30am to 12.30pm**

Venue changed to King's Centre, King Street, Norwich, NR1 1PH

The Trust welcomes your attendance at these meetings. The agenda and papers are available on the website a few days before and can be seen via our event

calendar by [clicking here](#) and selecting the meeting. Hard copies will be provided at the meetings.

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