

Learn about social prescribing and how it works
Explore a range of non-medical support activities



Find out what's happening now and plans for the future
Hear first-hand from those involved

Mind, body and soul²

A free half-day event
open to everyone,
organised by NSFT's
Council of Governors

(Please note: lunch will not be provided)

Friday, 2 November 2018
12noon - 4.30pm

(Registration from 12noon)

Ipswich Town Conference Centre
Ipswich Town Football Club
Portman Road
Ipswich IP1 2DA

Book your place [here](#) or call: 07443 293644 and leave your name and number